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21-11-1938 — 5-4-2006

Founder Editor:
Late Shri Harbhajan Singh
3-9 June, 2026

Price: - ₹ 20/-

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Owned, Printed & Published by
Deepak Singh

Pages 20 Including Cover

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Printed at:

**Five Stars Printers, Gaushala Marg, Karol Bagh
New Delhi-110005.**

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CHIEF EDITOR DESK



Dear Readers,

On behalf of National Awareness Times (India's National Weekly), the editorial board and the team of our journal would like to wish all the readers a wonderful week ahead to all .

The Indian Premier League has always been a platform where young

talents transform into global stars.

Union Minister Nitin Gadkari has unveiled an innovative ethanol-powered cooking stove, a development that could transform household cooking in India by providing a more affordable, environmentally friendly, and sustainable alternative to conventional LPG cylinders.

Finland has achieved a historic milestone in nuclear energy management with the launch of the Onkalo underground nuclear waste storage facility, a project that is being hailed as one of the most significant engineering and environmental achievements of the 21st century.

India's maritime defense entered a new era with the appointment of Admiral Krishna Swaminathan as the Chief of the Naval Staff.

Deepak Singh,
Chief Editor

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VAIBHAV SOORYAVANSHI: THE TEENAGE SENSATION WHO RULED IPL 2026

By Editor – Gaurav Singh



The Indian Premier League has always been a platform where young talents transform into global stars. Over the years, the tournament has witnessed breathtaking performances from some of the greatest cricketers in the world. However, IPL 2026 belonged to one player who captured the imagination of fans like few others before him. At just 15 years of age, Vaibhav Sooryavanshi emerged as the biggest sensation of the season, delivering performances that rewrote records and established him as one of the brightest talents in world cricket. Representing Rajasthan Royals, Sooryavanshi entered the tournament with considerable expectations after being identified as one of India's most promising

young cricketers. While many believed he had immense potential, few expected him to dominate a tournament featuring some of the finest bowlers and most experienced players in international cricket. Yet, match after match, the young batter showcased remarkable confidence, maturity, and fearlessness beyond his years. From the very beginning of the season, Sooryavanshi displayed an aggressive approach that immediately caught the attention of cricket fans and experts. Unlike many young players who take time to settle at the highest level, he attacked from the outset, taking on international bowlers with extraordinary confidence. His ability to score quickly while maintaining consistency made him one of the

most dangerous batters in the competition. Throughout IPL 2026, Sooryavanshi became the backbone of Rajasthan Royals' batting lineup. Whether his team was setting a target or chasing a challenging score, he consistently delivered crucial performances. His aggressive stroke play, ability to find gaps, and remarkable power-hitting made him a nightmare for opposition bowlers. Stadiums across the country witnessed the rise of a player who seemed destined for greatness. One of the most remarkable aspects of his season was his consistency. While many players produced occasional match-winning performances, Sooryavanshi delivered regularly throughout the tournament. He



scored heavily against both pace and spin, proving that his success was not based on favorable conditions or weak opposition. His adaptability and cricketing intelligence allowed him to perform in a variety of situations.

The young batter's ability to dominate powerplay overs became one of the defining features of his season. Most teams approach the opening overs cautiously, aiming to preserve wickets while building momentum. Sooryavanshi adopted a completely different philosophy. He viewed the powerplay as an opportunity to put immediate pressure on bowlers and gain an advantage for his team. Time and again, he provided explosive starts that shifted the momentum of matches within the first few overs.

His fearless batting style resulted in several memorable innings. Whether chasing big totals or helping his team recover from difficult situations, he repeatedly produced performances that left spectators in awe. Many of his innings combined technical

brilliance with fearless aggression, making him one of the most entertaining players to watch during the season. Perhaps the most impressive aspect of Sooryavanshi's success was his composure under pressure. The IPL is known for its intense atmosphere, packed stadiums, and enormous expectations. Experienced international stars often struggle to handle the pressure of crucial matches. Yet, the teenager appeared completely comfortable in high-pressure situations. His calm approach and ability to remain focused earned widespread admiration from

players, coaches, and fans alike. As the tournament progressed, Sooryavanshi continued breaking records at an astonishing pace. His run-scoring consistency helped him finish among the top performers of the season, while his aggressive batting resulted in a record number of boundaries and sixes. Every match seemed to bring another milestone, reinforcing the belief that cricket was witnessing the emergence of a once-in-a-generation talent. One of the defining moments of his campaign came during the knockout stages of the tournament. With Rajasthan Royals fighting to stay alive, Sooryavanshi produced one of the most explosive innings in IPL history. Facing immense pressure, he attacked from the very first ball and dismantled the opposition bowling attack with a breathtaking display of power-hitting. Although his team ultimately fell short of winning the championship, his performance became one of the most talked-about moments of IPL 2026. Beyond the numbers and records, Sooryavanshi's impact extended to the overall narrative of the tournament. Every season has a player who captures the imagination of fans, but very few manage to become the face of the competition. In 2026, that player was undoubtedly Vaibhav Sooryavanshi. His performances





generated excitement not only among Rajasthan Royals supporters but among cricket lovers across the country. Social media platforms were flooded with clips of his sixes, cover drives, and match-winning shots. Cricket analysts discussed his technique, former players praised his temperament, and fans eagerly anticipated every innings he played. The young star quickly became one of the most recognized names in Indian cricket. His rise also highlighted the changing landscape of modern cricket. Today's young players are entering professional cricket with greater preparation, advanced coaching, and a fearless mindset. Sooryavanshi represented a new generation of cricketers who are willing to challenge established stars and perform on the biggest stages without hesitation. For Rajasthan Royals, his emergence was one of the biggest positives of the season. Although the team fell short of lifting the trophy, they discovered a player capable of leading their batting lineup for years to come. His performances provided hope and excitement for the franchise's future and established him as one of the cornerstones of their long-term plans. The cricketing world responded to his achievements with overwhelming praise. Former cricketers described him as a future star, while experts predicted a bright international career ahead. Comparisons with some of the game's greatest young talents began to emerge, reflecting the extraordinary impression he had made during the tournament.



However, despite the growing attention and praise, Sooryavanshi remained grounded. Throughout the season, he consistently credited his teammates, coaches, and support staff for helping him develop as a player. His humility off the field stood in contrast to his fearless approach on it, making him even more admired among fans.

His success also inspired countless young cricketers across India. In a country where millions dream of playing professional cricket, Sooryavanshi's journey became a powerful example of what dedication, hard work, and self-belief can achieve. Young players saw in him proof that age is no barrier to success when talent is combined with determination.

IPL 2026 will be remembered for many reasons, including thrilling matches, dramatic finishes, and memorable performances. Yet above all, it will be remembered as the season when Vaibhav Sooryavanshi announced himself to the cricketing world. His fearless batting, record-breaking achievements, and remarkable consistency transformed him from a promising youngster into one of the biggest stars of the tournament.

In conclusion, Vaibhav Sooryavanshi's IPL 2026 campaign was nothing short of extraordinary. At an age when most players are still developing their skills, he competed against the world's best and emerged as one of the tournament's standout performers. His performances not only earned him recognition and admiration but also signaled the arrival of a future superstar. As cricket fans look ahead to the coming years, one thing is certain: IPL 2026 was the season of Vaibhav Sooryavanshi, and his remarkable journey is only just beginning.

EVENTS



The Union Minister for Defence, Shri Rajnath Singh chairs the 6th meeting of Informal Group of Ministers (IGoM) on West Asia reviews availability of essential commodities & supply chain resilience in India amid the ongoing crisis at Kartavya Bhawan-2, in New Delhi.

The Union Minister for Home Affairs and Cooperation, Shri Amit Shah inaugurated the newly constructed reading halls at the Govardhanram Tripathi and Kavi Dalpatram Library and the Kavi Narmad Library, in Gandhinagar.



The Speaker, Lok Sabha, Shri Om Birla launches the 89 volumes of proceedings of the Central Legislative Assembly (1924-1930) and the inaugural issue of the quarterly magazine 'Vidhan-Chetna' in the historic premises of the Delhi Legislative Assembly, in Delhi.



The Vice President of India, Shri C. P. Radhakrishnan addressing the 40th Statehood Day celebrations of Goa in Panaji, Goa.

The Union Minister of Commerce & Industry, Shri Piyush Goyal hold a bilateral meeting with the UK Secretary of State for Business and Trade Mr. Peter Kyle at Vanijya Bhawan, in New Delhi.



The President of India, Smt. Droupadi Murmu meeting with the President of the Republic of the Union of Myanmar, Mr. U Min Aung Hlaing at Rashtrapati Bhavan, in New Delhi.

NITIN GADKARI LAUNCHES ETHANOL STOVE: A CHEAPER AND CLEANER ALTERNATIVE TO LPG



Union Minister Nitin Gadkari has unveiled an innovative ethanol-powered cooking stove, a development that could transform household cooking in India by providing a more affordable, environmentally friendly, and sustainable alternative to conventional LPG cylinders. The initiative aligns with India's broader push towards cleaner energy solutions and reduced dependence on imported fossil fuels. The ethanol stove operates using ethanol, a renewable biofuel produced primarily from agricultural crops such as sugarcane, maize, and other biomass sources. Unlike traditional LPG stoves, which rely on liquefied petroleum gas, ethanol stoves use a clean-burning fuel that produces significantly lower emissions and has a smaller environmental footprint. One of the key attractions of the new stove is its affordability. Rising LPG prices have become a concern for many households, particularly in rural and lower-income communities. The ethanol stove offers a potentially cost-effective solution by utilizing fuel that can be produced domestically, helping reduce cooking expenses while also supporting

India's agricultural sector. By creating additional demand for ethanol, the initiative could provide farmers with new economic opportunities and contribute to rural development.

Environmental benefits are another major advantage of ethanol-based cooking. As the world grapples with climate change and increasing pollution levels, cleaner energy alternatives are gaining importance. Ethanol burns more cleanly than many conventional fuels, producing fewer harmful emissions and reducing indoor air pollution. This is especially significant in households where cooking-related smoke and emissions can affect health and quality of life.

The launch of the ethanol stove is also closely linked to India's efforts to promote biofuels and energy self-reliance. The government has been actively encouraging ethanol production and blending programs in recent years. Expanding the use of ethanol beyond transportation into household cooking represents a significant step toward diversifying its applications and strengthening the country's renewable energy ecosystem. Experts believe that the widespread adoption of ethanol

stoves could help reduce India's dependence on imported energy resources. Since ethanol can be produced locally using agricultural feedstocks, it has the potential to enhance energy security while supporting domestic industries. This approach aligns with the vision of creating a more sustainable and self-reliant economy.

The innovation has attracted attention from environmentalists, policymakers, and industry experts alike. Many view it as an example of how technology and renewable energy can work together to address everyday challenges while contributing to national development goals. The stove's design emphasizes efficiency, safety, and ease of use, making it suitable for both urban and rural households.

Beyond economic and environmental benefits, the initiative could also play a role in improving public health. Cleaner-burning fuels help reduce exposure to harmful pollutants, creating healthier cooking environments for families. This is particularly important in regions where access to clean cooking energy remains limited.

While the long-term success of the ethanol stove will depend on factors such as fuel availability, pricing, and consumer acceptance, the launch represents a promising step toward cleaner and more affordable household energy solutions. It reflects India's growing commitment to innovation, sustainability, and energy diversification.

In conclusion, Nitin Gadkari's launch of the ethanol stove marks an important development in India's renewable energy journey. By offering a cheaper and cleaner alternative to LPG, the initiative has the potential to benefit consumers, farmers, and the environment alike. If adopted on a large scale, ethanol-based cooking could become a significant component of India's transition toward a greener and more sustainable future.

FINLAND LAUNCHES ONKALO: THE WORLD'S FIRST PERMANENT NUCLEAR WASTE STORAGE FACILITY



Finland has achieved a historic milestone in nuclear energy management with the launch of the Onkalo underground nuclear waste storage facility, a project that is being hailed as one of the most significant engineering and environmental achievements of the 21st century. Located on the island of Olkiluoto in western Finland, Onkalo is the world's first permanent repository designed to safely store spent nuclear fuel deep underground for thousands of years.

The project addresses one of the biggest challenges associated with nuclear power: the long-term disposal of radioactive waste. While nuclear energy is often praised as a low-carbon source of electricity, managing the waste it produces has remained a complex issue for governments and scientists worldwide. Finland's Onkalo facility offers a potential solution that could serve as a model for other countries seeking sustainable methods of nuclear waste management.

The name "Onkalo," which means "cavity" or "hiding place" in Finnish, reflects the facility's purpose. Built approximately 430 meters below the Earth's surface, the repository consists of a network of tunnels carved into stable bedrock. The

spent nuclear fuel will be sealed inside specially designed copper canisters and surrounded by protective materials before being placed deep underground. This multi-layered system is intended to prevent radioactive materials from reaching the environment for tens of thousands of years.

Construction of the facility is the result of decades of scientific research, geological studies, and engineering innovation. Finnish experts carefully selected the location after extensive evaluations of rock stability, groundwater movement, and long-term environmental safety. The goal was to create a repository capable of withstanding natural changes and geological events far into the future. Supporters of the project describe Onkalo as a groundbreaking achievement in responsible energy policy. As countries around the world explore ways to reduce carbon emissions while meeting growing energy demands, nuclear power remains an important part of the global energy mix. However, concerns about radioactive waste have often limited public acceptance. By developing a permanent disposal solution, Finland hopes to demonstrate that nuclear waste can be managed

safely and effectively.

The facility has also attracted international attention from governments, environmental organizations, and scientific institutions. Many experts view Onkalo as a pioneering example of how advanced technology and long-term planning can address environmental challenges.

Countries such as Sweden, Canada, and France are closely monitoring the project as they develop their own nuclear waste disposal strategies.

Beyond its technical significance, Onkalo represents a unique commitment to future generations.

Engineers and policymakers involved in the project have had to consider not only present-day safety but also how to communicate the facility's purpose to people living thousands of years from now. This long-term perspective has made Onkalo one of the most fascinating infrastructure projects ever undertaken.

The launch of the repository also highlights Finland's reputation as a leader in innovation, sustainability, and scientific research. The country has consistently invested in advanced technologies and environmental solutions, and Onkalo further strengthens its position as a global pioneer in responsible energy management.

In conclusion, the Onkalo underground nuclear waste storage facility marks a historic achievement in the quest for safe and sustainable nuclear energy. By providing a permanent solution for the disposal of radioactive waste, Finland has taken a bold step toward addressing one of the industry's most difficult challenges. As the world searches for cleaner and more reliable energy sources, Onkalo may serve as a blueprint for future generations and a landmark achievement in environmental stewardship.



Jawaharlal Nehru

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ADMIRAL KRISHNA SWAMINATHAN APPOINTED AS INDIA'S NEW NAVY CHIEF



India's maritime defense entered a new era with the appointment of Admiral Krishna Swaminathan as the Chief of the Naval Staff. As the 27th Chief of the Indian Navy, he takes charge at a time when India's naval capabilities are expanding rapidly and the country is strengthening its position as a major maritime power in the Indo-Pacific region. Admiral Swaminathan brings with him nearly four decades of distinguished service in the Indian Navy. Known for his professionalism, strategic vision, and operational expertise, he has held several important positions throughout his career and has played a significant role in enhancing India's maritime security. A specialist in Communication and Electronic Warfare, Admiral Swaminathan has commanded some of the Navy's most important warships and naval formations. His leadership experience spans frontline operational assignments, training establishments, and senior command roles, giving him a deep understanding of the challenges and opportunities facing the modern Indian Navy.

Before assuming the position of Navy Chief, he served in key leadership roles where he was responsible for overseeing naval operations, strategic planning, and force readiness. His extensive experience in managing large-scale maritime operations has earned him respect within the defense community and among his peers. Throughout his career, Admiral Swaminathan has emphasized the importance of technological advancement, operational preparedness, and self-reliance in defense manufacturing. These priorities are expected to shape his tenure as Navy Chief as India continues to modernize its naval fleet and strengthen indigenous defense capabilities. His appointment comes at a crucial time when maritime security has become increasingly important. The Indian Ocean Region remains one of the world's most strategically significant waterways, carrying a large portion of global trade and energy supplies. Ensuring the security of these sea lanes is a key responsibility of the Indian Navy, and Admiral Swaminathan is expected to play a vital role in

safeguarding India's maritime interests.

One of the major challenges ahead will be accelerating the Navy's modernization programs. The Indian Navy is currently focusing on the induction of advanced warships, submarines, aircraft, and cutting-edge technologies. Under Admiral Swaminathan's leadership, these efforts are likely to receive further momentum as India seeks to build a stronger and more technologically advanced naval force.

Beyond military preparedness, the Indian Navy also plays an important role in humanitarian assistance, disaster relief operations, anti-piracy missions, and international cooperation. Admiral Swaminathan's experience and leadership are expected to strengthen India's engagement with friendly navies and enhance maritime partnerships across the globe.

His appointment has been widely welcomed within defense circles as a continuation of the Navy's commitment to professionalism, innovation, and operational excellence. As geopolitical dynamics continue to evolve, the Indian Navy's role in protecting national interests and maintaining regional stability will become even more significant.

In conclusion, Admiral Krishna Swaminathan's appointment as India's new Navy Chief marks an important milestone for the nation's defense forces. With his vast experience, strategic outlook, and commitment to modernization, he is well-positioned to lead the Indian Navy into the future. His leadership is expected to strengthen India's maritime capabilities, enhance operational readiness, and contribute significantly to the country's growing stature as a leading naval power.

ANUSHKA SHARMA KISSES VIRAT KOHLI ON THE FOREHEAD AS RCB CLINCH SECOND CONSECUTIVE IPL TITLE



Royal Challengers Bengaluru (RCB) further strengthened their legacy by successfully defending their IPL crown and winning the IPL 2026 title. In a thrilling final at the Narendra Modi Stadium in Ahmedabad, RCB defeated Gujarat Titans by five wickets to become only the third franchise after Mumbai Indians and Chennai Super Kings to win consecutive IPL championships. The star of the night was Virat Kohli, who once again delivered under pressure. Chasing a challenging target, Kohli anchored the innings with an unbeaten 75 off 42 balls and sealed the victory with a magnificent six over long-on. His match-winning knock sparked celebrations among players and fans alike. One of the most memorable moments came off the field as actor Anushka Sharma celebrated passionately

from the stands. As Kohli hit the winning shot, she was seen cheering with excitement before sharing a warm exchange with her husband. Later, Anushka posted a heartfelt photograph on social media in which she kissed Kohli on the forehead while he held the IPL trophy, capturing the emotions of the historic victory. The image quickly went viral, with fans and celebrities flooding social media with congratulatory messages. Filmmaker Karan Johar and actor Sonu Sood were among those who praised the team's achievement. RCB's successful title defence marks a remarkable chapter in the franchise's journey. After years of near misses and heartbreaks, the team has firmly established itself among the IPL's most successful and consistent sides. With back-to-back championships and Virat Kohli leading from the front, RCB has once again proven why they are one of the most admired teams in world cricket.

WELCOME TO THE JUNGLE IS NOT JUST A COMEDY; IT'S BOLLYWOOD'S BIGGEST STRESSBUSTER OF 2026



In an era where Bollywood is dominated by action spectacles, crime thrillers, and intense dramas, Welcome To The Jungle arrives as a refreshing change. Scheduled for release on June 26, 2026, the film promises to bring back the joy of pure comedy and family entertainment that audiences have been missing on the big screen. One of the biggest attractions of the film is Akshay Kumar's return to the comedy genre that established him as one of Bollywood's most loved entertainers. Known for his impeccable comic timing in films like Hera Pheri, xBhagam Bhag, Garam Masala, and Welcome, Akshay's presence alone has generated immense excitement among fans. Adding to the buzz is the film's massive ensemble cast, featuring Suniel Shetty, Arshad Warsi,

Paresh Rawal, Johnny Lever, Rajpal Yadav, Shreyas Talpade, Raveena Tandon, Lara Dutta, Jacqueline Fernandez, and several other popular stars. At a time when multi-starrer films have become rare, Welcome To The Jungle brings back the charm of classic Bollywood entertainers packed with humor, confusion, and larger-than-life characters. The Welcome franchise already enjoys a strong recall value, with its iconic dialogues, memorable characters, and scenes continuing to entertain audiences even today. This new installment aims to build on that legacy while introducing a fresh dose of comedy and chaos. With a popular franchise, a star-studded cast, and the audience's growing demand for light-hearted entertainment, Welcome To The Jungle has all the ingredients to become one of Bollywood's biggest comedy entertainers and crowd-pleasers of 2026.

THE BENEFITS OF PUMPKIN SEEDS



Pumpkin seeds, also known as pepitas, are small but incredibly nutritious seeds packed with essential vitamins, minerals, and antioxidants. Despite their size, they offer numerous health benefits and are considered a superfood by nutrition experts. Including pumpkin seeds in your daily diet can contribute significantly to overall health and well-being. One of the major benefits of pumpkin seeds is their high nutritional value. They are rich in protein, healthy fats, magnesium, zinc, iron, and fiber. Magnesium helps maintain healthy muscles and nerves, while zinc supports the immune system and promotes wound healing. Iron is essential for the production of red blood cells and helps prevent fatigue and weakness. Pumpkin seeds are also beneficial for heart health. They contain antioxidants and healthy unsaturated fats that help reduce bad cholesterol

levels and support proper blood circulation. Regular consumption may contribute to maintaining healthy blood pressure and reducing the risk of cardiovascular diseases. Another important advantage of pumpkin seeds is their positive effect on sleep quality. They contain tryptophan, an amino acid that helps the body produce serotonin and melatonin, hormones

responsible for regulating sleep. Eating a small handful of pumpkin seeds in the evening may promote better rest and relaxation.

In addition, pumpkin seeds support digestive health due to their fiber content. Fiber aids digestion, prevents constipation, and helps maintain a healthy digestive system. The antioxidants present in these seeds also help protect the body from harmful free radicals and reduce inflammation.

Pumpkin seeds are a simple yet powerful addition to a healthy diet. They can be eaten raw, roasted, or added to salads, smoothies, yogurt, and other dishes.

In conclusion, pumpkin seeds are a nutrient-rich food that offers numerous health benefits, including improved heart health, better sleep, stronger immunity, and enhanced digestion. Their versatility and nutritional value make them an excellent choice for people of all ages.



**PIC OF
THE WEEK**



Raashii Khanna

Store launch In Pondicherry for challani jewellery

Source: Instagram

31 May, 2026

MATA SARASWATI: THE GUIDING LIGHT OF KNOWLEDGE



Mata Saraswati is revered as the goddess of knowledge, wisdom, learning, and creativity. However, her significance goes far beyond education alone. She symbolizes the pursuit of truth, intellectual growth, and the power of knowledge to transform society. In Indian culture, Saraswati is considered the source of wisdom that guides individuals from ignorance to enlightenment.

The symbolism associated with Mata Saraswati carries a profound message. Dressed in white, she represents purity of thought and clarity of mind. The veena in her hands signifies harmony between knowledge and creativity, while the book symbolizes learning and intellectual development. Together, these symbols remind us that true education is not limited to academic success but includes character, values, and self-awareness.

In today's world, information is available at our fingertips, yet wisdom remains invaluable. Mata Saraswati teaches us that knowledge should be used responsibly and ethically. She inspires students to learn with dedication, teachers to share knowledge with sincerity, and leaders to make informed and thoughtful decisions. Her teachings emphasize that education is a lifelong journey that continues beyond classrooms and institutions.

Saraswati is also regarded as the patron of arts, literature, music, and culture. She inspires creativity and innovation, encouraging individuals to express their ideas and talents. Many great scholars, poets, musicians, and thinkers have drawn inspiration from the ideals she represents.

The relevance of Mata Saraswati is timeless. In an era of rapid technological advancement and constant change, her message remains clear: knowledge should serve humanity and contribute to progress. She reminds us that wisdom, creativity, and truth are essential for building a better future. In conclusion, Mata Saraswati is not merely a goddess of learning but a symbol of enlightenment and intellectual excellence. Her teachings continue to inspire generations to seek knowledge, cultivate wisdom, and use their abilities for the greater good of society.



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